



THE NORTHEAST EARLY CHILDHOOD COUNCIL

Serving Brooklyn, Canterbury, Killingly, Plainfield, Putnam, Sterling & Thompson

FREE 10 WEEK

People Empowering People (PEP) PARENT LEADERSHIP TRAINING



Do you have something you want to accomplish, but don't know where to begin?

Do you want to make positive changes for yourself, your children & your community?

Who can participate? Any parent or caregiver

Where? Putnam Elementary School (Library)

When? Thursday evenings 5:30-8:00pm for 10 weeks:

March 2, 2023 through May 12, 2023 (no session on April 13th).

Tentative graduation date is June 1, 2023

How do I Sign-Up? Please scan the QR code or visit:

<https://www.surveymonkey.com/r/PEPSpring23>



Space is limited. Sign up by: Thursday, February 9, 2023

What if I need more information? Please contact Shannon

Haney: email: haneysh@putnam.k12.ct.us or 860-963-6940

FREE dinner (5:30-6:00 p.m.) & childcare provided (ages 2 & up)
Mileage reimbursement for participants traveling from outside Putnam

"PEP teaches you a lot about yourself. A huge benefit from the course was learning skills that I have continued to use in my everyday life."

Renee Toper, PEP Graduate

THESE SESSIONS WILL FOCUS ON:

- ✓ **Values**
- ✓ **Communication Skills: verbal, non-verbal & active listening**
- ✓ **Understanding the helping role: yourself, your children & others**
- ✓ **Problem Solving**
- ✓ **Action Planning**
- ✓ **Building upon personal strengths and life experiences**

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